



WOMEN IN
FINANCIAL
MARKETS™

Formerly WIND

Harnessing Self Leadership as a Superpower

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Trailblazer Program
19th February 2026



SESSION OUTCOMES

- Master the Connection Between Self-Awareness and Leadership Excellence.
- Unlock Practical Strategies to Enhance Your Self Awareness.
- Gain Insight Into How Others Perceive Your Leadership and Impact.





“

**There is no self-development
without self-awareness.**

You can read as many books as
you like, but if you are unable to
read yourself, you'll never learn a
thing.

STEVEN BARTLETT
Diary Of A CEO



SELF AWARENESS: WHAT AND WHY?

Self-awareness is
**the ability to see ourselves
clearly** – to understand who we
are, how others see us, and how
we fit in the world around us.



“

Mastering others is a strength;
mastering yourself is true power.

LAO TZU

You can't be hesitant about who
you are.

VIOLA DAVIS

Awareness is the greatest agent
for change

ECKHART TOLLE



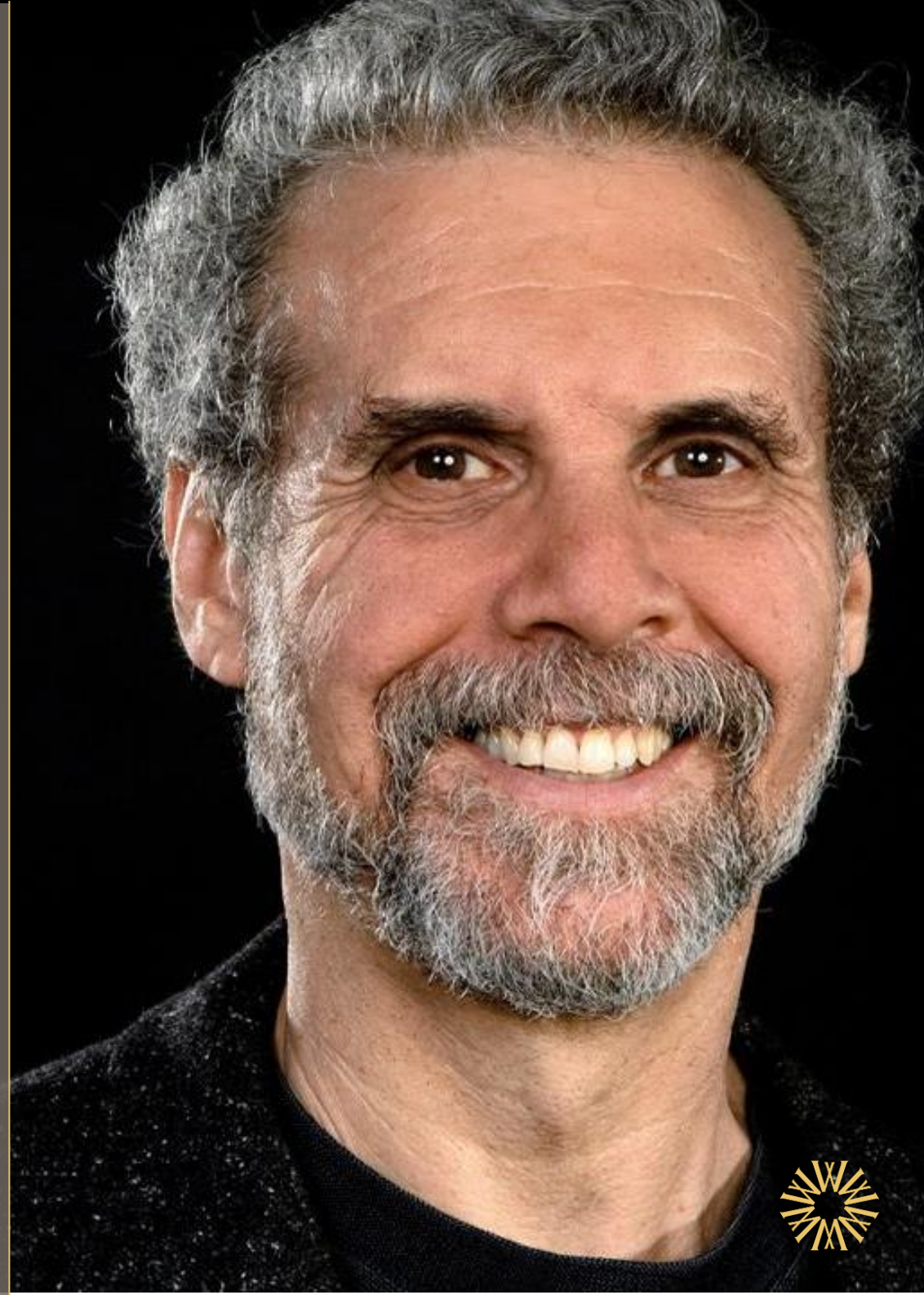
WHAT IS SELF AWARENESS?



Self-awareness is not the same thing as being inward-looking.

It is the ability to know your own strengths and weaknesses and to be open to others' perspectives.

DANIEL GOLEMAN



BREAKOUT ROOM

1. What contributed to your menti response?
2. In which parts of your life are you most self-aware?
3. Where in your life is there room for growth?



BREAKOUT ROOM

1. What do people praise me for?

2. Which strength of mine becomes a liability when overused?

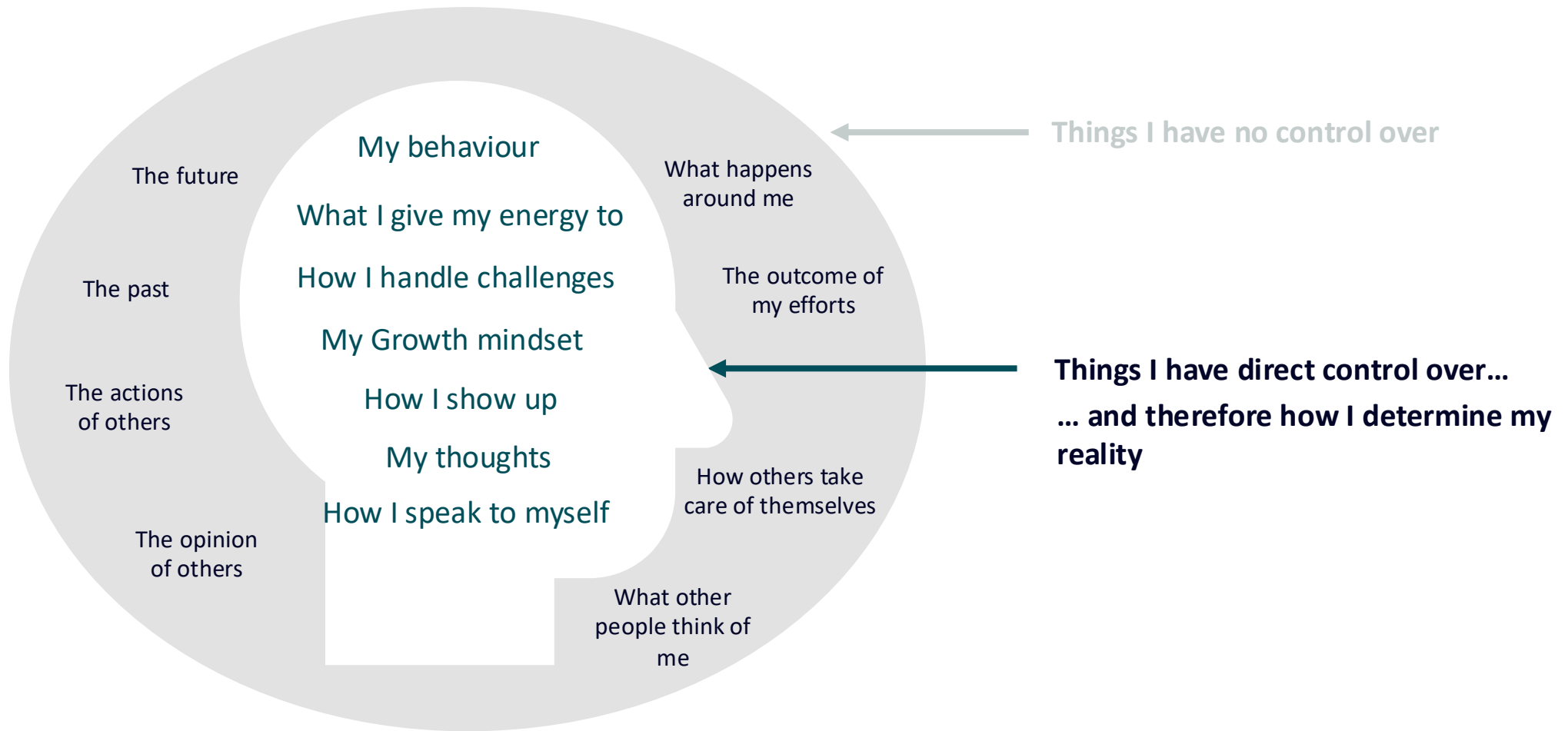
3. What reliably triggers me?

4. How do I speak to myself when I make mistake?

5. Who AM I?



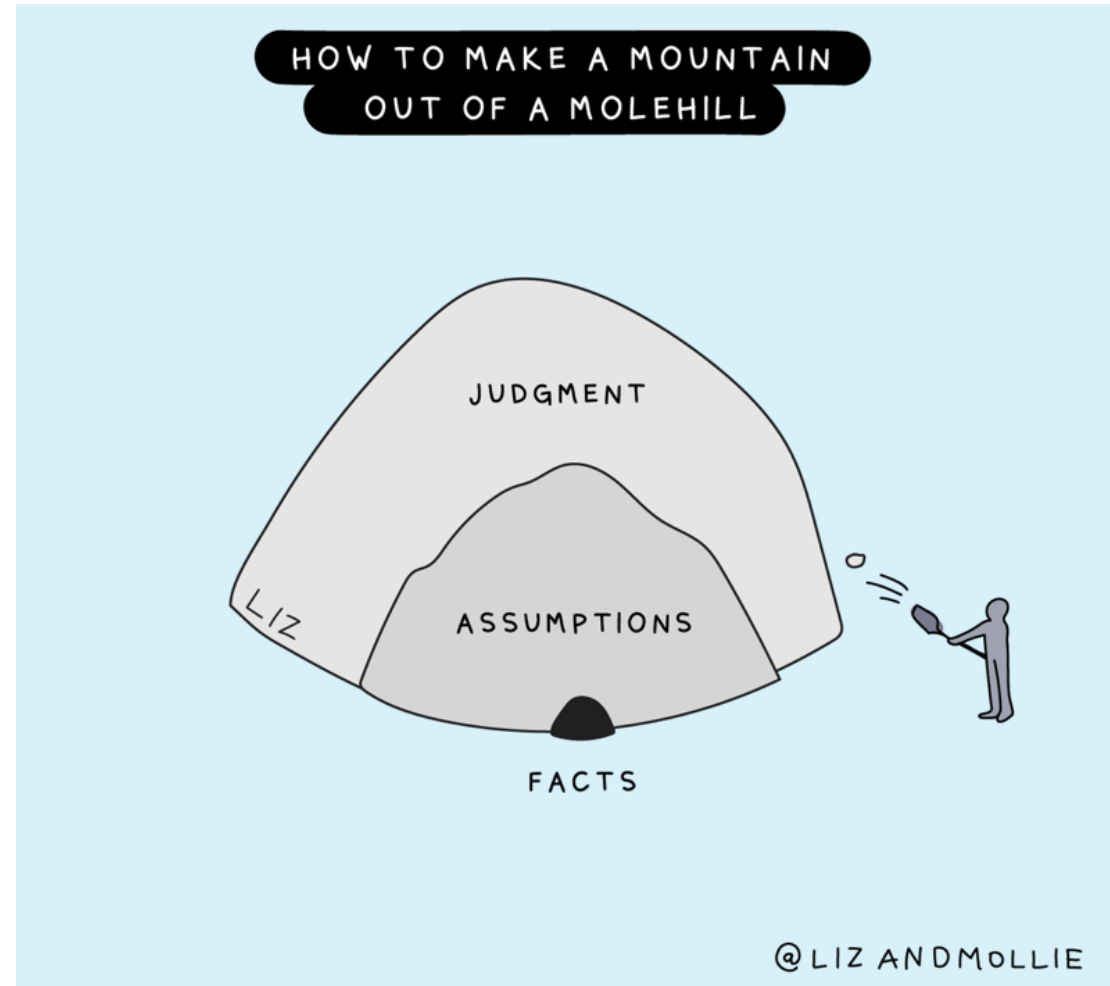
MINDSET – YOUR ZONE OF CONTROL



SELF-AWARENESS: THE FEEDBACK GAP



WHAT
ASSUMPTIONS /
JUDGEMENTS AM
I MAKING?



WHAT'S YOUR TAKEAWAY?

What is ONE insight you are leaving today's session with?

ONE ACTION you are taking away which you will commit to



WOMEN ^{IN}
LEADERSHIP